

shm[®]
Society of Hospital Medicine



Society of Hospital Medicine

Annual Report, 2023





Our Vision, Mission, and Goals

Originally incorporated in 1997 as the National Association of Inpatient Physicians, the organization changed its name to the Society of Hospital Medicine (SHM) in 2003. In 2023, SHM refined its vision and mission and developed four strategic organizational goals.

Vision

To be the professional home of hospitalists dedicated to exceptional and equitable care for acutely ill patients.

Mission

As the home for hospitalists, SHM activates and engages our community to:

- Advocate for our specialty, our members, and the diverse patients we serve.
- Promote high-value care and optimal outcomes for acutely ill patients.
- Meet the evolving educational needs of a dynamic specialty.
- Cultivate an inclusive community for hospitalists and support career growth and well-being.
- Advance the research and innovation of healthcare delivery, quality, safety, and experience across the care continuum.

Four Strategic Goals



Invest in a Diverse, Equitable, and Inclusive Culture



Advocate for Members and the Field of Hospital Medicine



Strengthen the SHM Community – a Place to Belong, Grow, and Partner



Advance Healthcare Delivery, Quality, and Experience Through Science and Innovation



The 2023 Annual Report was developed for SHM's membership and is a summary of our activities and accomplishments during this past fiscal year from September 2022 to September 2023.



Eric E. Howell, MD, MHM
Chief Executive Officer

LETTER FROM THE CEO

Dear SHM Members,

The last few years have been an extraordinary time. As hospitalists, we experienced exceptional challenges for our patients, our profession, and as individuals. As we emerge from the COVID-19 public health emergency, we are optimistic about a greater return to normalcy. Yet, we are also cognizant that there are still challenges ahead as we support and advocate on behalf of our members who are confronting many of the remaining pressures including working in financially constrained health systems, tackling frontline staff burnout, ongoing hospital staff shortages, and providing care for patients presented with increasingly complex and serious medical illnesses.



As your professional society, we recognize the importance and responsibility of anticipating the needs and emerging priorities of hospitalists, hospital-based clinicians, and the specialty itself. In just the last year, we embarked on a strategic planning process with SHM's leadership which was instrumental in defining four core strategic goals that provide a framework for our efforts, initiatives, and strategies for engaging with you as members and advancing the profession and practice of hospital medicine. As we look to the future, these strategic goals will inform how we support the growth of a diverse, equitable workforce and thriving hospital medicine community, facilitate the development of channels to assist hospitalists in advancing their professional growth, and identify mechanisms to enhance awareness about hospital medicine as a distinct and essential medical specialty in healthcare.

You are an integral part of the hospital medicine community. You were and continue to be on the front lines of acute care medicine when patients are at their most vulnerable and need your clinical expertise most. As a member of the fastest-growing specialty, you represent the future of hospital medicine. Even as you confront many of the present-day challenges and competing pressures, we persevere together in

advancing acute care medicine, our community, and our mission. Our annual report reviews several of the accomplishments that we realized together over the past year as well as our organizational priorities in the year ahead. We advocated as a society and alongside many of you on behalf of hospitalists regarding the issues that are consequential to both you and your patients, we gathered as a community in Austin, Texas during SHM Converge, we advanced the pathway to hospital medicine by identifying mechanisms for engagement of students traditionally underrepresented in medicine, and we articulated the significant potential for the growth of the workforce and field as we advanced the literature about hospitalist practice and opportunities for hospital medicine.

We are grateful to you, our members, and are encouraged by the potential that lies ahead for our profession, the future practice of hospital medicine, and the patients we care for every day.



Meet the SHM Board Members

Current Officers



Kris Rehm, MD, SFHM
President
Nashville, Tennessee



**Flora Kisuule, MD,
MPH, SFHM**
President-Elect
Baltimore, Maryland



**Chad T. Whelan, MD,
MHSA, SFHM**
Treasurer
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**Rachel Thompson, MD,
MPH, SFHM**
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MS, SFHM**
Madison, Wisconsin



Mark W. Shen, MD, SFHM
Austin, Texas



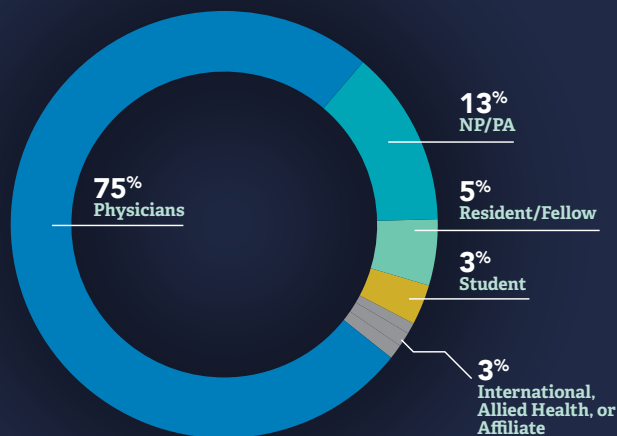
Darlene Tad-y, MD, SFHM
Aurora, Colorado



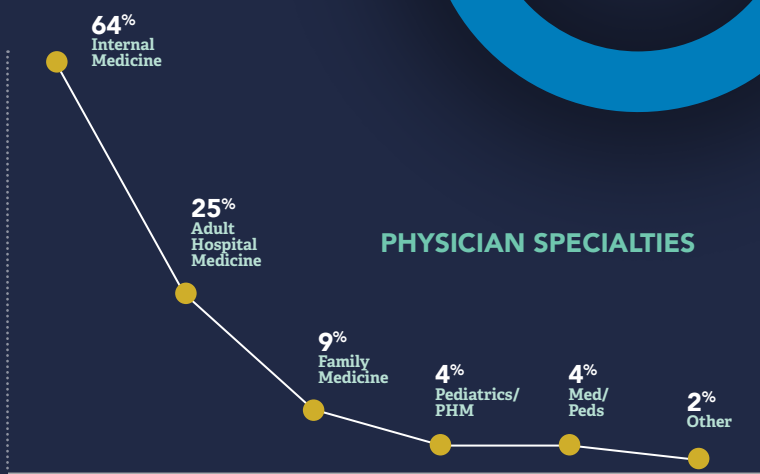
**Robert P. Zipper, MD,
MMM, SFHM**
Bend, Oregon

SHM Membership Demographics

MEMBERS BY PROFESSION



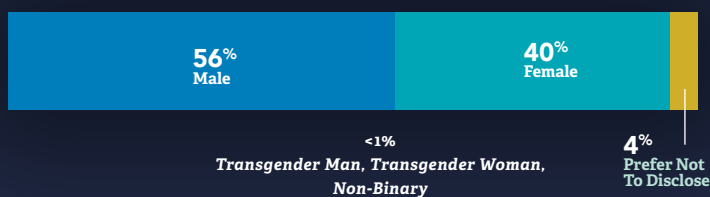
PHYSICIAN SPECIALTIES



MEMBERS BY REGION



MEMBERS BY GENDER





A Look Back: SHM's Accomplishments in 2023

Invest in a Diverse, Equitable, and Inclusive Culture

SHM remains committed to identifying and investing in strategies to enhance the pathway for growing a more inclusive and diverse hospital medicine workforce that encompasses individuals from underrepresented groups in medicine. We believe this commitment is essential because of the disparities that persist in the physician workforce. Specifically, while the racial and ethnic diversity of the U.S. population continues to increase, the physician workforce has been diversifying at a much slower speed and uneven course. For example, Black-American men account for just 3% of physicians in the United States, in spite of ongoing efforts.

SHM actively and purposefully champions its core values of equity and inclusion to support the development of a diverse and vibrant hospital medicine workforce and community.

As an organization, we have identified several pathways to support the growth of the hospital medicine workforce. At SHM Converge this year, we awarded our second sponsored Diversity, Equity, and Inclusion (DEI) Hospital Medicine scholarship. We developed the scholarship fund to support students demonstrating excellence in medical school and a commitment to health equity. The scholarship fund, made possible by Vituity, enabled SHM to provide the \$25,000 medical education scholarship to an extremely worthy third-year medical student, Cedric Mutebi.

Cedric is a native of Detroit and is enthusiastic about promoting health equity and reducing racial inequities in healthcare locally and abroad. He serves as one of the student leads and co-developers of the Healing Between the Lines program, which has been funded by the Association of American Medical Colleges NEXT Grant. This community-led program aims to teach the intersection of structural racism and medicine while amplifying grassroots-level advocacy. As Henry Ford's Changemakers Fellow, Cedric also co-developed and leads the Readyng Youth Scientists for Excellence in Medicine, Health Equity, and Discovery (RYSE MED) program – an immersive experience for high school students from underrepresented groups in medicine interested in pursuing clinical or research careers.



In addition to the scholarship fund, SHM has partnered with its DEI Committee to thoughtfully engage students from underrepresented groups in medicine by inviting them to SHM Converge and providing a year of longitudinal mentored support. This year we hosted 10 students from the University of Texas at Austin Dell Medical School. Students participated in a roundtable with SHM's CEO and available Board members to learn more about a career in hospital medicine and they attended multiple Converge sessions. The Dell Medical School students are SHM's second cohort of students. In the previous year, SHM hosted medical students from Meharry Medical College and provided mentoring for a year.



Our Hospital Medicine Community Begins With You

We are a dynamic, vibrant specialty and community of over 18,000 members. Our community continues to grow with hospitalists and hospital clinicians practicing all over our country in varied practice settings. The practice of medicine and the commitment to improve acute care while serving patients who truly need us cements us as a community. We were fortunate to see many of you in Austin, Texas earlier this year when we convened our annual conference, SHM Converge. The meeting provided dedicated networking opportunities to foster connectivity and to solidify the community after several years of disruption due to the pandemic. We celebrated many of our members including our SHM Awards of Excellence Winners, and honored SHM's 2023 class of Masters in Hospital Medicine, as well as Senior Fellows and Fellows. The plenary sessions were a venue for our community, whether it was sharing laughs and moments of reflection while listening to keynote speaker, standup comedian, and Purple Heart recipient Thom Tran or hearing the President-Elect's address from Dr. Kris Rehm, SFHM as we anticipate the needs of hospital medicine and our community.

We provided educational content as part of 17 tracks including two new tracks, patient experience and vulnerable populations. SHM Converge attendees attended over 130 educational sessions and 19 interactive workshops where they received evidence-based guidance for clinical practice, learned about strategies for implementing systems changes to support improved quality and patient safety, obtained information about policy, legal, and management trends with implications for inpatient care, and derived guidance about how to address current challenges in educational systems for improving hospital medicine. We conducted over 31 special interest forums, which were dedicated places for discussions about topics of interest to you and fellow members.

Since its inception, National Hospitalist Day has proven to be a welcome celebration of our members and an opportunity to foster community. This year we continued the tradition of proudly celebrating National Hospitalist Day on March 2. SHM highlighted the future of the specialty, including trainees, mentors and mentees, and those working to advance the field to underscore this year's theme, the Future of Hospital Medicine.

SHM is the home of more than 30 special interest groups (SIGs). These unique affinity groups are invaluable member networks for collaboration and networking on topics of mutual interest. SHM has Hospitalist Well-Being, Substance Use Disorders, Palliative Care, Quality Improvement, Rural Hospitalists, and Resident and Student SIGs just to name a few.



Our SIGs are member led. All the SIGs have identified mechanisms and events to enhance discussions and networking within their respective communities. For example, SHM's Perioperative and Co-management SIG hosts monthly "Journal Club" webinars. The author of an article published in a peer-reviewed medical journal is invited to speak on their research and then facilitates discussion with attendees. Previously reviewed topics included Perioperative Management of Anticoagulation, Preoperative Hemodialysis Timing, and Postoperative Atrial Fibrillation.

Additionally, the Academic Leaders SIG, comprised of academic hospitalists and thought leaders, meets monthly to discuss topics including administrative harm, advance practice provider utilization, leadership staffing models, and productivity models. The meetings often produce robust discussion and offer insight into best practice and overcoming common barriers.

SHM's 60 local chapters provide yet another venue for connection, networking, and education. Many of you have been present at one or more of our 119 in-person or 42 virtual meetings. Our Nebraska Chapter conducted their meeting in January with then-SHM Board President, Dr. Rachel Thompson, giving a presentation on the "Evolution and Future of Hospital Medicine" while the South-Central Pennsylvania Chapter held their fifth annual Academic Day which featured a scientific abstract competition and a series of academic presentations.

We continued to meet your educational needs with the objective of providing you with the clinical education and updates you need to provide the best care to your patients. Whether you accessed clinical updates education through SHM's Learning Portal or accessed the newly launched Spark 3 to support your preparation for recertification, we recognize the importance of providing education that is specific to the practice of acute care medicine.

Our Prez Rooms have provided a newly added forum for you to participate in thoughtful conversations with SHM's leadership, Drs. Rachel Thompson, Kris Rehm, and Eric Howell. Whether you attended to learn more about SHM's strategic plan, discuss resilience, or to just get to know your organization's Presidents and CEO, we have enjoyed speaking with you and hearing your perspectives and needs for the profession. We are enthusiastic about continuing this tradition and hearing from you in the months ahead. Your perspectives and insights assist in informing the work we do and our organizational priorities.



“ We continued to meet your educational needs with the objective of providing you with the clinical education and updates you need to provide the best care to your patients. ”



SHM Awards of Excellence Winners



Clinical Leadership for Physicians
Benji K. Mathews, MD, MBA, SFHM



Excellence in Humanitarian Services
Ilan Alhadeff, MD, MBA, SFHM
Lori Alhadeff



**Outstanding Service in Hospital
Medicine**
Anand Kartha, MBBS, MS, SFHM



**Clinical Leadership for Nurse
Practitioners and Physician Assistants**
Bridget A. McGrath, MPAS, PA-C, FHM



Excellence in Research
Valerie G. Press, MD, MPH, SFHM

SHM Awards of Excellence Winners



Leadership for Practice Managers
Trevor J. Coons, MHA, FACHE



Diversity, Equity, & Inclusion Leadership Award
Archana Eniasivam, MD



Excellence in Teaching
Somnath Mookherjee, MD



Excellence in Teamwork
HOMERuN COVID-19 Collaborative Group



Jr. Investigator Award
Sagar B. Dugani, MD, PhD, MPH, FHM

SHM advocates for you and your patients.

We regularly advocate in various forums on behalf of you, our members. Our objective is to highlight the contributions of the hospitalist in improving care for acutely ill patients by employing a unified, amplified voice while also advocating for policies that directly impact hospitalists and the patients they care for daily. An example of SHM's advocacy efforts included partial mitigation of Medicare physician fee schedule payment cuts for two years (reduced from 4.5% to 2% for 2023 and providing 1.25% off the cut scheduled for 2024), as well as a one-year extension of the Alternative Payment Model (APM) bonus. This includes advocating successfully for two-year extensions of telehealth waivers as well as the Hospital at Home waiver, and completely waives 4% statutory Pay-As-You-Go (PAYGO) cuts for 2023 and 2024. In the last year, there were several significant patient-related healthcare policies and extenders SHM focused on, ranging from pandemic preparedness legislation and drug approval reforms to behavioral health programs as well as help for states to allow for a smoother transition for persons who became Medicaid ineligible once the public health emergency expired. In the end, the measure totaled

\$1.7 trillion. Several important "wins" included in the package for SHM reflected the consistent advocacy efforts of its members, committees, and staff over the Congress and prior Congresses.

Additionally, under the leadership of Dr. Ann Sheehy, SHM has started to reengage on the observation issue. We are currently working with Representative Courtney's office on reintroduction of the observation bill SHM has supported in prior Congresses, and we have been asked by Courtney's Representative office to take the lead in circulating a sign-on letter for support intended for the Committees of Jurisdiction.

Finally, SHM is monitoring the impact of evaluation and management (E&M) changes. We are receiving widely varied reports of the impact the January 1 changes have had on hospital medicine and are currently surveying groups to determine the extent of the problem, and to identify viable solutions.

Advocacy Scorecard

Ensuring Hospitalists and Their Patients Have a Seat at the Table

WINS!

House Senate Signed into Law

Conrad State 30 Physician Reauthorization Access Act

Extended program allowing resident physicians on J-1 visa to remain in the U.S. if they work in underserved or rural communities for a minimum of three years.

Advanced Payment Model Incentive Extended

Extended incentive payments through CY2025 payment period at 3.5%.

Telehealth Reimbursement Extended

Flexibilities and waivers available through 2024; many of these flexibilities were set to expire 151 days after the expiration of the PHE.

Dr. Lorna Breen Health Care Providers Protection Act

Funds behavioral and mental health programs and services for healthcare workers.

Mainstreaming Addiction Treatment Act

Eliminated the "X-waiver" prescribing requirement for buprenorphine, a treatment for OUD.

Hospital at Home Extended

Acute Hospital Care at Home initiative extended until Dec. 31, 2024.

MORE TO DO

Mitigated Medicare Payment Cuts

The 4.5% payment cut reduced to 2% in 2023 and 3% in 2024.

House
 Senate Signed into Law

Improving Seniors' Timely Access to Care Act

Streamlines and improves transparency for prior authorization under Medicare Advantage.

House
 Senate Signed into Law

New Split (or Shared) Billing Policy

CMS' new policy for shared visits will be based on time spent with the patient. We secured a one-year delay and will continue to advocate for an alternative policy.

Secured one-year delay

STILL WORKING ON IT

Equal Access to Green Cards for Legal Employment Act

Eliminates per-country caps on skilled immigration and converts system to first-come, first-serve.

Healthcare Workforce Resilience Act

Recaptures unused visas and redistributes them to healthcare workers to bolster the healthcare workforce.

Improving Access to Medicare Coverage Act

Makes every day spent in the hospital, whether inpatient or observation, count towards Medicare's three-day stay requirement for SNF coverage.

SHM will advance the specialty and the practice of acute care medicine by articulating the emerging priorities and disseminating hospital medicine research to facilitate translation into broader practice.

SHM is committed to promoting and advancing the science of healthcare delivery. Through our publications, the *Journal of Hospital Medicine* and *The Hospitalist*, as well as our Advocacy and Practice Management arms and our Center for Quality Improvement, we continue to support members in providing higher-quality care to enhance patient outcomes. We published SHM's *State of Hospital Medicine* Report in the summer of 2023. Given the pivotal role played by hospitalists, and our extraordinary experiences during the COVID-19 pandemic, we deployed a new, first-ever Workforce Experience Survey which articulates hospital data on topics including patient load and hospitalist well-being. As a comprehensive resource, the Report distills the most recent data on staff levels and growth, compensation

models, and practice demographics. The Report assists in internal measurement as well as measurement against other comparable organizations.

SHM is building infrastructure for advancing science by facilitating a deeper collaboration with leading and future leaders in research. We are convening conversations and providing thought leadership with the objective of facilitating direction for the field of hospital medicine research, including defining priorities that advance the hospital medicine research agenda for the care of acutely ill patients. The Center for Quality Improvement regularly supports the research of hospitalist investigators. Our current work on National Institutes of Health (NIH) grants includes supporting

the mentorship of hospital teams who are implementing bundles of care interventions and pathways to improve transitions of care for various patient populations including patients with chronic obstructive pulmonary disease (COPD) and pediatric patients with airway diseases. Upon conclusion of the studies, the investigators will develop scholarship-reviewing moderators and mechanisms of implementation approaches that may be broadly disseminated and translated into practice in hospitals across the country as we partnered to do previously with the I-PASS Handoff Program in 32 pediatric hospitals to improve handoff communication and the reduction of handoff-related adverse events. We are also working with hospital medicine researchers to develop educational resources that will inform interventions to improve care for patients with opioid use disorder (OUD) which will complement the resources we developed to support hospitalists in meeting new licensure requirements related to the new Medication Access and Training Expansion (MATE) Act.

SHM's publications, the *Journal of Hospital Medicine* and *The Hospitalist*, are essential vehicles for reviewing the contributions and perspectives of hospitalists and researchers. In the past year, we quantified the reliable growth of the hospital medicine field and workforce, published on outcomes of testing the effects of



hospitalist physicians prioritizing discharging patients first, and lessons learned from *Choosing Wisely*® in improving healthcare value. With a distribution of 40,000 individuals, *The Hospitalist* is an extraordinary resource for showcasing your voices and expertise as well as telling your stories. You contributed to countless issues distilling the literature to answer key clinical questions about topics like diagnosing deep vein thrombosis with point-of-care ultrasound, evaluating the need for antibiotics once patients leave the hospital, and addressing diversity in medicine and opportunities for effective allyship in marginalized communities as frontline clinicians. *The Hospitalist* also serves as a pertinent source of information on core and timely practice management and public policy issues. The content and contributions of the writers and editors were recently recognized when *The Hospitalist* received an APEX Award of Excellence, Magazines, Journals & Tabloids-Writing for the September 2022 issue.



Appendix

- ¹ Xierali IM, Nivet MA. The Racial and Ethnic Composition and Distribution of Primary Care Physicians. *J Health Care Poor Underserved*. 2018;29(1):556-570.
- ² Association of American Medical Colleges. Altering the course: black males in medicine. 2015. Accessed July 12, 2023. https://store.aamc.org/downloadable/download/sample/sample_id/84
- ³ Starmer AJ, Spector ND, O'Toole JK, et al. Implementation of the I-PASS handoff program in diverse clinical environments: A multicenter prospective effectiveness implementation study. *J Hosp Med*. 2023 Jan;18(1):5-14.
- ⁴ Lapps J, Flansbaum B, Leykum LK, Bischoff H, Howell E. Growth trends of the adult hospitalist workforce between 2012 and 2019. *J Hosp Med*. 2022 Nov;17(11):888-892.
- ⁵ Kauffman R, Keach JW, McBeth L, Raffel KE, Rice JD, Washburn C, Kisuule F. Discharge in the a.m.: A randomized controlled trial of physician rounding styles to improve hospital throughput and length of stay. *J Hosp Med*. 2023 Apr;18(4):302-315.
- ⁶ Levinson W, Leis JA. Improving healthcare value: Lessons learned from the first decade of *Choosing Wisely*[®]. *J Hosp Med*. 2023 Jan;18(1):78-81.

Thank You

We continue to celebrate our community, our work, and our accomplishments in 2023. We know that there are challenges that still lie ahead. There are no simple, immediate solutions for the persistent realities we encounter like staffing shortages, rampant misinformation, and compromised clinician well-being. However, we are encouraged by the strength, vibrancy, and resiliency of our community. We are unified and strong and derive a shared sense of commitment to our patients and our specialty. We look forward to collaborating with you in the year ahead to advance our mission. Thank you for being a critical part of the Society of Hospital Medicine and a most valued member of our community.





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